

## A Note from REPRIEVE Leadership: Partners in REPRIEVE

We want to thank you once again for joining the REPRIEVE Trial! We have been so impressed with the dedication and commitment of REPRIEVE participants who clearly believe that getting answers about heart disease and HIV is well worth the effort. In order to reach our enrollment target, our dedicated staff at the Clinical Coordinating Center at Massachusetts General Hospital in Boston, MA, USA and at each of the 120 clinical sites enrolling in REPRIEVE will be working very hard to get the word out about REPRIEVE in your community. Please continue to do all you can to let anyone you think might be interested in REPRIEVE know about the study. We welcome and appreciate your help in spreading the word about REPRIEVE!

Of course, staying active in REPRIEVE is as important as joining in the first place. Each of you is making such an important contribution to this study. The information you are providing may be valuable to your health as well as the health of so many other people living with HIV. By studying all the participants who join and remain in the trial, investigators will be able to make accurate conclusions not only about heart health but also about sex-specific differences in heart disease in HIV and the effects of pitavastatin to preserve kidney health and muscle function. These conclusions may provide important information for people living with HIV including future generations. We value every participant in REPRIEVE and we hope you will continue your participation with us for the entire length of the study.

### Thank you again for your dedication to this important effort!

Steven Grinspoon, MD  
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### Follow the latest on REPRIEVE



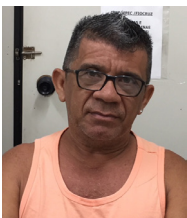
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## Meet Other REPRIEVE Participants

**REPRIEVE participants are highly motivated individuals forming the future of heart disease prevention in HIV.  
Read about current participants' experience in the trial.**



"REPRIEVE participation is important, not only to me but to other participants, because **it helps the science to discover new ways to improve our life quality**" - Aginaldo da Silva Santos, HGNI HIV Family Care Clinic, Rio de Janeiro, Brazil

"Before joining this study, I only focused on my HIV infection. **Since joining this study, I am more concerned about my overall health.** Being in this study, I like receiving health information through the REPRIEVE website and newsletter. It has given me more opportunities to access health information." - Participant at Thai Red Cross CRS, Bangkok, Thailand

"This is a very interesting study and I think **the study will be helpful in providing care to patients and other infected people in the future.** If the result of the study is good, it can be used to prevent other patients from cardiovascular disease. From joining this study, I expected to obtain diagnosis and being monitored for cardiovascular disease during the study which I had never been tested or known about this disease at all. We don't have to wait until having the disease and get treated after all. I think prevention is better than treatment." - Participant at CMU HIV Treatment CRS, Chiang Mai, Thailand



# Follow YOUR Heart

## My Heart Matters Blog

The Follow YOUR Heart Campaign invites you to read the newest *My Heart Matters* blog post, **“Women Supporting Women in the Community”**. It addresses why HIV community organizations are beneficial to women and how women can find HIV community organizations near them.

The *My Heart Matters* blog is a great resource for women with HIV who are interested in learning more about **heart health, research participation, and the REPRIEVE trial**. The blog is updated every other month, and can be found at [www.followyourheart.reprievetrial.org/news/](http://www.followyourheart.reprievetrial.org/news/)

## FAQs

**Q: Since my last study visit I was seen in the ER for dizziness. I am not sure what this was related to. Should I tell REPRIEVE study staff at my next visit for REPRIEVE?**

A: **Yes!** In REPRIEVE, we collect information from you about heart disease events, like heart attacks or strokes, at almost every visit; **this information will let us know if the statin used in REPRIEVE works effectively**. Based on what you tell us during your study visit, and with your permission, REPRIEVE staff obtains information to confirm some of the medical conditions you may report during your participation in REPRIEVE.

It is important to mention during a study visit if you have been told by a provider that you experienced a certain heart disease event, like a heart attack, stroke, chest pain or any hospitalizations so that we can obtain additional details about these diagnoses.

## Did you know that REPRIEVE has its own Community Advisory Board?

Learn more at [www.reprievetrial.org/join-the-study-test/cab/](http://www.reprievetrial.org/join-the-study-test/cab/)

## REPRIEVE Facts

*We're celebrating the 3rd year of REPRIEVE!*



Major accomplishments in the past year include:

- Opening additional sites in India, Peru, Haiti, Uganda. We currently have sites in 11 countries around the world.
- Over 5950 participants have joined so far, 3083 were enrolled in the past year.
- REPRIEVE participants are a diverse group: the average age is 49; 32% of participants are women.

## REPRIEVE in the News & Community

Even with the end of recruitment in sight for some of the substudies in REPRIEVE, there's a need to get the word out about the study, as we hope to have the study fully enrolled in about 1 year. We've been working hard to ensure that anyone who wants to join or know more about REPRIEVE learns about it through community presentations, advertisements in magazines in print and online, and/or through social media.

**To help spread the word, many articles have been written about REPRIEVE in the past year:**

- “Association Between HIV & CVD: Finding A Solution to Double Jeopardy”, JAMA Cardiology
- “Spotlight on #HeartHealth and People Living with HIV”, HIV.gov Blog
- “Cardiovascular Disease: The Next Great Challenge for HIV Care”, STAT News
- “Exploring Barriers for Women in HIV Clinical Research with REPRIEVE”, The Body PRO

## Tips for a healthy heart!

**Look after your mental health and make sure to keep healthy relationships with friends and family.**

Research has shown us that there can be a greater risk of heart disease for people who have depression, are socially isolated, or do not have good support. Little things like joining a support group, reaching out to a friend to take a walk together, or calling a family member to catch up are steps in the right direction and may help to improve your mental health.

## Your participation matters!

By participating in REPRIEVE and completing all study visits, you may be making an **important contribution** to our knowledge of HIV and heart disease that could have lasting benefits for your generation and future generations of people living with HIV.

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