



REPRIEVE

ISIGIDIMI SOMTHATHINXAXHEBA



Umyalezo ovela kuGqir. Steve Grinspoon
kunye noGqir. Pam Douglas, okwanguMphandi
oyiNtloko weREPRIEVE

Masiqale ngokukubulela ngokuthath'inxaxheba kwakho kwiREPRIEVE. Ukuqhubeka kwakho ngokuzibophelela kwiREPRIEVE kubalulekile ekusincedeni sikuqonde ngcono kwaye, ngethemba lokuba ngenye imini, siza kusithintela isifo sentliziyo ebantwini abaphila neHIV. Asikwazi nje ukukwenza oku ngaphandle kwakho.

Enkosi
ngokuthath'
inxaxheba.
Ibingasoze
ibekho iREPRIEVE
ngaphandle
kwakho.

Le leta isivumela ekubenii sikwazi ukunxibelelana nawe ngqo—nina bathathinxaxheba bophando IweREPRIEVE—kwaye ngale ndlela singagcina wonke ubani enolwazi malunga nenqubela phambili yethu sikune.

Sele sihambele phambili kakhulu ngendlela emangalisayo sikunye, sagqiba ubhaliso kolu lingo lokuqala ngqa lokuthintela isifo sentliziyo ebantwini abaneHIV. I-REPRIEVE ikwalolona lingo lukhulu kakhulu olwenziwa ngebhaqo ukuzokutsho namhlanje kwiHIV. Uyinxalenye yolu phononongo yolu phononongo lwenguqu kwaye ngenxa yoku sivuyiswa ngokuzimisa kwakho ukusinceda.

Sekuyiminyaka emi-4 ukusukela ukuqala kweREPRIEVE kwaye siqalisa ukujonga kwidata esisisiseko evela kuphononongo. Sinethemba lokuqalisa ukubhala ezinye zeziphumo zethu ngokukhawuleza kwaye siza kuqinisekisa ukuba iziphu-mo zipashwa kwiwebsayithi yeREPRIEVE-kuze zihlolwe amaxesha ngamaxesha ku-www.reprievetrial.org.

Lugqityiwe
ubhaliso
IweREPRIEVE
ukusukela kwinyanga
kaMatshi, 2019!

Utyelelo lokuggibela lolu phononongo luya kuba kwintwasahlobo ka-2023 kwaye kude kube ngelo xesha siza kuba matasatasa siqinisekisa ukugcinwa kwabathathinxaxheba. Nangona kunjalo senza inkqubela phambili kancinci kancinci. Asinakubulela ngokwaneleyo ngokuqhubeka kwakho uthath'inxaxheba okanye ukugxininisa ukubaluleka kwento esenzayo kunye.

Ingaba amaqela wamaChiza alwa amafutha liMele ukunceda kwizifo zeNtliziyo Ubome obuneMpilo?



Ndisanda kufunda u-(Tsugawa, T et al. JAMA Internal Medicine. 2014) xa uthelekisa indlela zokutya kwabantu abathatha amachiza alwa amafutha xa kuthelekiswa nabantu abangathathi machiza alwa amafutha.

Abaphandi baumanise ukuba abantu abathatha amachiza alwa amafutha baxele isidlo esingathathwa njengesingeyompilo kwintliziyo. Sibisa ukuba xa uthatha amachiza alwa amafutha ulandele isidlo esinem-pilo kwintliziyo kwiphetshana elikhutshwa rhoqo ngonyaka kutyelelo labathath'inxaxheba kwiREPRIEVE. Isidlo esinempilo sentliziyo siquka iziqhamo nemifuno, size sinciphise amafutha neeoyle kwibhotolo, kumhlehle nakwiimveliso zobisi ezifana neayisi khrimu.

INtlizo yeREPRIEVE: IZehlo zeNtliziyo



KwiREPRIEVE, siqokelela iingombolo kuwe ezimalunga nezehlo zesifo sentliziyo, njengohlaselo Iwentliziyo okanye istrowukhu, *kuwo onke amatyelelo; ezi ng-combolo ziza kusenza ukuba ingaba amachiza alwa amafutha asetyenziswa kwiREPRIEVE asebenza ngokwenene*. Ngokusekelwe kwinto osixeleta yona ngexesha lokutyelela kwakho, kwaye nangemvume yakho, abasebenzi beREPRIEVE baumania iingombolo lokuqinisekisa ezinye zeemeko zonyango onokuzixela kwiqela lakho lophononongo. Ukuba uphose utyelelo, abasebenzi besayithi banokukutsalela okanye bafikelele kumqagamshelwa wangexesha likaxakeka okanye umboneleli wonakekelo otyunjiewyo ukufumanisa ukuba wawukhe wanaso kusini na isehlo sokuhselwa yintliziyo.

Kubalulekile ukukhankanya ngexesha lotyelelo lophononongo ukuba uye wafumana isehlo esinokuba sesentliziyo, njengokuhlaselwa yintliziyo, istrowukhu, okanye iintlungu zesifuba. Kwakhona, nceda ukhankanye ngexesha lotyelelo lophononongo ukuba ubukhe walaliswa esibhedlele okanye wavavanyelwa unyangolunokuba lunxulumene nesehlo sentliziyo. This way we can oNgale ndlela singafumana iinkcukacha ezongezelelekileyo.

Ngoncedo lwakho ekunikeleni ingxelo yesehlo ngasinye sentliziyo kwiqe-lakho leREPRIEVE siya kuthi sibenokuqiniseka ukuba asiphosi nasinye isehlo sentliziyo.

Iingombolo zempilo
ezibalulekileyo
ziqokelelwa KUWE
kutyelelo NGALUNYE
lophononongo,
nceda uzimase
utyeleloNGALUNYE
lophononongo!

Abathath' inxaxheba beREPRIEVE Baza Ngaphambili

Babhaliswe abaThathinxaxheba beREPRIEVE?

Abathathinxaxheba beREPRIEVE babhaliswe kumazwe ali-11 kwisayithi zonyango ezingaphaya kwe-100 kwihibathi!



Bave Njani Abantu ngeREPRIEVE?

Eyona ndlela idumileyo abave nagyo abantu ngeREPRIEVE ibe kukuxelana kwabantu ngayo ezikliniki.



UPAPASHO



ISEHLO



UMHLOBO/USAPHO



UKUXELELANA



IPHETSHA-
NA/ISIGIDIMI



UMBONELI (WONYANGO/
ONGEWONYANGO)



UMGAYI
WESAYITHI

Malunga noPhononongo

Ezinye iiNkukachamanani eziBalulekileyo Malunga nabaThathinxaxheba beREPRIEVE:

7557 **32%**

INANI LABATHA-
THINXAXHEBA

IPESENTEJI
YAMABHINQA

UBUDALA EKU-
JOLISWE KUKO

50 **13**

IMINYAKA EKOJOLISWE
KUYO UPHILA NE-HIV

Icebiso leMpilo yeNtliziy!



Ubusazi na ukuba impilo yamazinyo iluphawu oluhle lokubonisa impilo yomtu iyonke, kuquka nentliziy? Abantu abasoloko benezifo zeentsini (isifo sentsini) badal ngokuba semngciphekweni ofanayo nowokuba nesifo sentliziy. Olunye uphando lubonise ukuba isifo sentsini sisenokuba sinxulumene nokukrala kwimithambo yegazi nto leyo inokuthi yandise umngcipheko wokuba nesifo sentliziy.

Yintoni onokuyenza? Vungula kwaye uwahlambe amazinyo akho mihla le ukuze unqande isifo sentsini kwaye ukhumbule ukuya kugqirha wamazinyo ukuyozihlola.

Dibana nabanye abaThathinxaxheba beREPRIEVE!

AbaThathinxaxheba beREPRIEVE bangabantu abakhuthazeke kakhulu ekwenzeni uthintelo lwasifo sentliziy kwixesha elizayo kwi-HIV. Funda malunga nokuba kutheni ibalulekile iREPRIEVE kubo.

"Ukwenza into ebalekileyo kum nakwabanye abantu kwixesha elizayo kuyinto engenakuthelekiswa naxabiso. Ukuthintela kuligama eliphambili ekuncedeni ekuphuculen iubulunga bobomi kwaye iREPRIEVE ityala ekuthinteleni izigulo zemithambo ezinokubangela ukufa ebantwini ebaninzi. Kuliwonga kum ukuba yinkxalenye yoPhononongo IweREPRIEVE."

—KARINA MCCLANAHAN, DALLAS (TEXAS), USA.



MOUSSON Gaspard ukholelwa ekubeni impilo yinto ebalekileyo. Ukwakholelwa nasekubeni uphononongo IweREPRIEVE lubaluleke kakhulu kuye njengomntu ophila ne-HIV emele athathe amayeza wentsholongwane kagawulayo mihla le ukugcina izinga lentsholongwane lingabonakali. Ngokuthath' inxaxheba kolu phononongo uziva engcipheko umngcipheko wokuba nesifo semithambo yentliziy.



—MOUSSON GASPARD, PORTO PRÍNCIPE, HAITI

"Ndisolo ndithath' inxaxheba kuphando lonyango oluxhaswa yi- "ACTG" kangan geminyaka engaphaya kwengama-23. Ngamanye amaxesha xa kwakungekho nenyne indlela okanye ukhetho lwonyango olwandisa ubomi bam kwaye lubonelele ngobulunga bobomi, kwaba ngenxa yolingo lonyango apho nadfumana khona ezinye iindlela ezandibangela ukuba ndikwazi ukwandisa ixesa lobomi bam. Unakekelo lonyango olugqwsileyo endulufumeneyo kule minyaka njengomthathinxaxheba kuphando lonyango lunika isiqinisekiso nobungqina benzuzo ephezulu kuluntu oluphila ne-HIV / AIDS. Ukongeza kubaluleko lokuhlala emayezeni wakho, kukho iimeko ezinxulmene noku ezidina ukunyangwa. I-REPRIEVE, iphononongo enye yezi meko. Ukuthath' inxaxheba kwiREPRIEVE kunika ithuba lokwenza igalelo ekufumaneni isixhobo esifaneleki-leyo sokuthintela isifo sentliziy, hayi ukwenzela mna qha, kodwa wonke omntu ekuhlaleni."



— CARLOS VELEZ-VELAZQUEZ, SAN JUAN, PORTO RICO

Enkosi kubaxhasi bethu



National Heart, Lung,
and Blood Institute



National Institute of
Allergy and
Infectious Diseases



AIDS CLINICAL TRIALS GROUP

