



REPRIEVE
INCWADI YEZINDABA YOMBAMBIQHAZA



Kusuka kulo lonke ithimba le-REPRIEVE , sifuna ukudlulisa ukubonga okujulile ngokubamba kwakho iqhaza ku-REPRIEVE!

I-REPRIEVE iyavala ukuze ilandeletele isincomo se-Data and Safety Monitoring Board (DSMB), iqembu elizimele labaluleki be-National Institutes of Health (NIH) enikeza izincomo mayelana nokuqala, ukuqhubeke, ukulungisa, nokumisa ucwaningo. Isinqumo sisekelwe ekweheleni okuphawulive okungu-35% ezenzakalweni ezinkulu ezihllobene nenhliziyo, okuhlanganisa ukuhlasesa kwenhliziyo nokushaywa unhlangothi, kubabambiqhaza abathatha i-pitavastatin uma kuqhathaniswa nomuthi-mbumbulu. Kuphinde kwaba nokwehla okungu-21% ezenzakalweni ezinkulu ezihllobene nenhliziyo eziqoqwe ndawonye nokufa kulabo abathatha i-pitavastatin uma kuqhathaniswa nomuthi-mbumbulu. Okuqaphelekayo, akubanga khona ukukhathazeka okungalindelekile ngokuphepha phakathi kwalabo abathatha i-pitavastatin.



Amalungu eThimba Le-REPRIEVE Emhlanganweni Womphenyi We-REPRIEVE ngesikhathi se-CROI 2023.

ngale miphumela, futhi okubalulekile, kwakungekho mphumela we-pitavastatin ekuholweni kokusebenza kwsibindi noma ukuphazamiseka okuhulu kwemisipha. I-DSMB yancoma ukuthi ucwaningo lume ngaphambi kwsikhathi ngenxa yezinzuza ezaboniswa zokuthatha i-pitavastatin nokuba yabelane ngemiphumela emihle. Abaphenyi be-REPRIEVE bahlola izindlela zokwenza i-pitavastatin itholakale kubabambiqhaza bocwaningo, ngokuvumelana nezimfuneko zokulawula.

Njengoba ungase ukhumbule, i-REPRIEVE yaqala ngo-2015 futhi yabhalisa amavolontiya angu-7769 aneminyaka engu-40 kuya kwengu-75 emazweni angu-12 e-Asia, eUrophu, eNyakatho Melika, eNingizimu Melika, nase-Afrika eseningizimu yeSahara. Uhlolo Iwe-REPRIEVE lungelokuqala olukhulu lokuhlolola komtholampilo ukuhlola indlela yokuvimbela isifo esihlobene nenhliziyo kubantu abaphila ne-HIV abasengozini yesifo senhliziyo esivamile esisezingeni eliphansi kuya kwelimaphakathi.

Iminikelo yakho njengombambiqhaza ku-REPRIEVE ibe yigugu kakhulu. Amashumi eminyaka ocwaningo kanye nentuthuko ekwelashweni kwe-HIV kuye kwanciphisa kakhulu izinkinga nokufa okuhlobene nengculazi, futhi manje sesiqonda kangcono ukuthi singayisekela kanjani impilo yenhliziyo yabantu abaphila ne-HIV. Lokhu bekungeke kufinyelelw ngaphandle kwenu, babambiqhaza be-REPRIEVE! Okutholakele ku-REPRIEVE kuzoba nezinzuza ezihlala njalo esizukulwaneni sakho nasezizukulwaneni ezizayo zabantu abaphila ne-HIV. Sibonga kakhulu ngokubamba kwakho iqhaza ku-REPRIEVE!

Siyabonga kusukela ebuHolini Be-REPRIEVE!

I-REPRIEVE Amaqiniso

I-REPRIEVE iwucwaningo olukhulukazi olungahleliwe phakathi kwabantu abaphila ne-HIV.



Ngaphambi kwe-REPRIEVE, bekunamasu alinganiselwe okusiza ukuvimbela izehlakalo ezinkulu ezihllobene nenhliziyo kubantu abaphila ne-HIV.

Yini esiyifundile kuze kube manje?

- Umthamo wansuku zonke we-pitavastatin wehliwa ingozi yesifo esihlobene nenhliziyo kubantu abaphila ne-HIV
- I-pitavastatin iphephile futhi yamukeleka kahle kubantu abaphila ne-HIV

Yini esisazokwazi ukuyifunda kudatha oyifakile ngokubamba kwakho iqhaza?

- Iyini imiphumela ye-pitavastatin kumazinga e-cholesterol kanye namazinga okuvuvukala ngokuhlobene nezehlakalo zesifo senhliziyo?
- Ingabe ukuthatha i-pitavastatin kubambezela ukwakheka kwe-plaque emithanjeni yenhliziyo ngokuhamba kwsikhathi?
- Ingabe ikhona imiphumela ye-pitavastatin yokunciphisa ingozi yezinye izinkinga zezokwelapha njengesifo sezinsio, isifo sesibindi, nomdlava?

Lena ngeminye yemibozo embalwa esithemba ukuyiphendula ngokusekelwe ekuhlaziweni okuzokwenziwa esikhathini esizayo esiseduze. Konke okushicilelw kwe-REPRIEVE kufakwe kuwebhusayithi yethu, www.reprievetrial.org

Sicela ulandelele nesayithi lakho locwaningo ukuze ufunde ukuthi imiphumela yokuqala nokunye kutholakala nini ku-REPRIEVE.

Hlangana Nabanye Ababambiqhaza Be-REPRIEVE!

I-REPRIEVE beyingeke ibe nempumelelo ngaphandle kokubamba iqhaza nokuzibandakanya okuqhubekayo kwababambiqhaza bethu, esibonga kakhulu ngabo. Nakuba kunezinkulungwane zababambiqhaza be-REPRIEVE kumazwekazi angu-5, ngezansi kukhona okuhlangenwe nakho okuvela kwabambalwa babo.

Janice Jarrells

RUTGERS, NJ

Ube yini umuzwa wakho nge-REPRIEVE?

I-REPRIEVE ingesinye sezifundo ezilula engibambe iqhaza kuzo! Ngizizwa ngikhululekile kakhulu, mhlawumbe ngoba isifundo siqondile futhi kwakukhona imfundu enhle yangaphambi kwasikhathi. Ngaya emhlanganweni ose-Washington DC phakathi nesigaba sokuqala sokuasha futhi ukuhlangana nethimba le-REPRIEVE kwaba okuhle! Ngizizwa ngiziqhenya ngokusiza abantu abaphila ne-HIV baqonde lokho i-HIV engakwenza futhi mhlawumbe esivele ikwenza emzimbeni, ikahkulukazi labo asebesinde isikhathi eside.



Iyini inzuko yesivivinyo se-REPRIEVE kuwe?

Ngokwazi ukuthi zonke izivivinyo aziphumeleli, nginomuzwa wokuthi i-REPRIEVE ingenye yeziimpumelelo. Izizathu zami zokusho lokhu kungenxa yemfundo enikezwu kusengaphambil, izingxoxo zephrothokholi, ukuwashisa umphakathi kanye nebhodi lokweluleka umphakathi.

Uma ubheke phambili emiphumeleni yokugcina ye-REPRIEVE kanye nokushicilelwu okuzayo, athini amathemba akho mayelana nendlela lolu vivinyo oluzofundisa ngalo umkhakha?

Ngilinde ukuthi i-REPRIEVE izositshela ukuthi i-HIV iyithinta kanjani impilo yenhliyiyo yethu nezindlela esingavimbela noma sithuthukise ngazo umthelela wayo.

U-Dave kanye no-Darcy

VANCOUVER ISLAND, BC

Ube yini umuzwa wenu nge-REPRIEVE?

Ucwanningo alubanga nazihibe mayelana nokuhlangenwe nakho kwethu, asizange sibe nokusabela okungekuhle ocwaningweni noma emithini futhi sijabulela ukubona njalo u-Dr. Conway (umphenyi endaweni yethu yocwaningo) kanye nabo bonke abantu abahlobene nocwaningo.

Iyini inzuko yesivivinyo se-REPRIEVE kini?

Ucwanningo lusivumela ukuthi sibambe iqhaza ohlelweni olubalulekile locwaningo futhi ngandlela thize sibuyisele kwabanye abaye babamba iqhaza kwezinye izifundo ezisizuzile.

Yiziphi izindlela i-REPRIEVE ehluke ngazo kwezinye izivivinyo enike nabamba iqhaza kuzo?

Umehluko esiwutholayo nge-REPRIEVE kwezinye izifundo esibambe iqhaza kuzo ubude bayo, iwucwaningo olude kodwa olungenzima ukwedulula noma iluphi olunye lokubamba iqhaza kulo. Sibonga iqiniso lokuthi siyasiza ekuzuzeni ulwazi.

Gxila Kokutholakele

Ukubamba kwakho iqhaza ku-REPRIEVE kube negalelo ocwaningweni nge-HIV nesifo senhliziyo futhi kuvumele abaphenyi be-REPRIEVE ukuba bashicilele imibiko evela kudatha yakho eqoqwe ngesikhathi ufaka. Ngezansi isifinyezo sendatshana esiyishicilele ngo-2022:

Ingozi yesifo senhliziyo ngokuvamile ihlolwa ngokuthi umuntu unazo yini icizi ezithile zengozi yesifo senhliziyo, njenge-cholesterol ephezulu. Kodwa kokunye, ubungozi bungahlolwa ngempilo yenhliyiyo ngokwemiphumela ye-American Heart Association's Life's Simple 7 (LS7).

- Okufakiwe kulokhu kuhlaziya bekungokwababambiqhaza abantu-735 be-REPRIEVE abaneminyaka engaba ngu-51.
- Lokhu kuhlaziya kuthole ukuthi:
 - Abantu abanempilo yenhliyiyo nemithambo yegazi ebuthakathaka ngokwemiphumela ye-LS7 ephansi babe-semathuben angu-20% engeziwe okuba nokunqwabela-na kwamafutha emithanjeni yegazi ehlinzeka inhliziyo.
 - Impilo yenhliyiyo nemithambo yegazi nayo yahlotshaniswa nezinga eliphakeme elifinyelela ku-25% lokuvuvukala kumaprotheni egazi.
- Lokhu okutholakele kunikeza ulwazi oluwusizo embuzweni obalulekile wokuthi kungani abantu abane-HIV behlelwa yingozi enkulu yesifo senhliziyo. Ucwanningo lwasikhathi esizayo lwe-LS7 lungasiza ekuqondiseni ukunakekelwa okungokomtholampilo futhi lusize ekwehliseni ukugula kwenhliziyo nemithambo yegazi kanye nokufa kwabantu abane-HIV.

Sicela ulandelele nesayithi lakho locwaningo ukuze ufunde ukuthi imiphumela yokuqala nokunye kutholakala nini ku-REPRIEVE.

LIFE'S SIMPLE 7



Siyabonga kubaxhasi bethu:

