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Pitavastatin ho Thibela Lefu la Pelo ho Batho ba nang le HIV

[E hatsitswe ka NEJM, 2023](#)

Nalane

Batho ba nang le HIV (people with HIV, PWH) ba kotsing e kgolo ya ho tshwarwa ke lefu la pelo, esita le hara batho ba batjha bao ho ka lebellwang hore menyetla ya hore ba tshwarwe ke lefu la pelo e a fokola. Bafuputsi ha ba utlwisise ka botlalo hore na ke hobaneng ha kotsi ena e phahame hakana, empa ba dumela hore mohlomong e amana le dintho tse tlwaelehileng tse bakang lefu la pelo, tse kang ho tsuba, hammoho le maemo a amanang le HIV, a kang ho ruruha. Le hoja ho nkwa hore ho tshwarwa ke HIV ho eketsa menyetla ya ho ba le lefu la pelo, ho tla fihlela hajwale ha ho na kalafo e pakilweng e thibelang lefu la pelo ho batho ba nang le HIV kapa PWH.

Sepheo sa Phuputso

Phuputso ya Kabo e sa Hlophiswang ya ho Thibela Diketsahalo tsa Lefu la Pelo ho ba Nang le HIV (Randomized Trial to Prevent Vascular Events in HIV, REPRIEVE) e reretswe ho sebetsana le keketseho ya lefu la pelo le tshwarang batho ba nang le HIV kapa PWH. REPRIEVE e hlahlobilweng pitavastatin calcium (“pitavastatin”), moriana wa statin o ka fokotsang kholesterole ya LDL (“e mpe”) le ho fokotsa ho ruruha mmeleng. Bankakarolo phuputsong ke ma-PWH a pakeng tsa 40-75 ba bileng kotsing eo ka ho tlwaelehileng e leng e tlaase ho ya ho e itekanetseng ya lefu la pelo. Bankakarolo bohle ba ile ba abelwa ka tsela e sa hlophiswang esale pele hore ba nwe pitavastatin kapa sekamorianana (pidisi e se nang moriana). Kamora moo bankakarolo ba ile ba salwa morao ho fumana hore na tekanyetso e ka sehloohong ya phuputso (diketsahalo tse kgolo tsa lefu la pelo, tse kang lefu le bakwang ke lefu la pelo, ditlhaselo tsa pelo le seterouku) kapa tekanyetso ya bobedi ya phuputso (diketsahalo tse ding tsa lefu la pelo, lefu le bakwang ke sesosa sefe kapa sefe, le diketsahalo tse amanang le polokeho).

➤ Bankakarolo:

- Bankakarolo ba 7,769
 - Ba 3,888 ba nwa pitavastatin; ba 3,881 ba nwa sekamorianana
 - Basadi ba 2,419 (31%)
 - Ba seng basweu ba 5,065 (65%)
- Nako e mahareng ya tshalomorao: Dilemo tse 5,1
- Dilemo tse mahareng ha ho thaothwa: Dilemo tse 50

➤ Diphumano:

- Sekgahla sa diketsahalo sa diketsahalo tse ka sehloohong tsa lefu la pelo se ile sa fokotswa ka 35% bakeng sa bankakarolo ba sebedisang pitavastatin ha ho bapiswa le sekamorianana.
- Sekgahla sa diketsahalo ya diketsahalo tse ka sehloohong tsa lefu la pelo le ho shwa ka lebaka lefe kapa lefe se ile sa fokotswa ka 21% bakeng sa bankakarolo ba sebedisang pitavastatin ha ho bapiswa le sekamorianana.
- Pitavastatin e ile ya sebetsa ka katleho ho banna le basadi.
- Pitavastatin e ile ya mamelleha hantle ho boholo ba bankakarolo ba phuputsong, mme ke bankakarolo ba fokolang haholo ka palo ba ileng ba kgaotsa ho ba phuputsong ka lebaka la diketsahalo tse bosula.

REPRIEVE Trial Website: reprivetrials.org

The findings shared in this summary are from the REPRIEVE population at a specific point in time. These findings are descriptive and not intended to change clinical care. If you have questions about what you've read, please talk to members of the REPRIEVE study team at your local site or a health care provider.



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Ka Kakaretso: Pitavastatin e ile ya sebetša ka katleho ho fokotsa sekgahla sa diketsahalo tsa lefu la pelo bakeng sa batho ba nang le HIV kapa ma-PWH ba nang le menyetla e tlwaelehileng e fokolang ho ya ho e mahareng ya ho tshwarwa ke lefu la pelo. REPRIEVE ke phuputso ya pele e kgolo e etseditsweng ho hlahloba leano la ho thibela lefu la pelo sehlopheng sena sa bankakarolo. Diphetho tsa phuputso di tla thusa ho etsa ditataiso tsa ho thibela lefu la pelo mme di tla thusa dingaka ho tseba hore na ba ka phallela batho ba nang le HIV ka ditlhoko tsa bona tsa bophelo bo botle ba pelo jwang.

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